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# Kiwaniis

## Club of Las Vegas

### ***Newsletter for April 7th 2024***

**We will meet this Wednesday (April 10th) on Zoom**

#### **We meet this week on zoom**

Join us this Wednesday at 12 noon for our meeting on Zoom. It's easy, you can connect to our meeting from a computer, phone, or tablet using the Zoom app.

Use this meeting id and password

**meeting id (884 4645 8552)**  
**password (339008)**

If you have problems connecting to our meeting call or text President Phil Colosimo at 702-860-6088.

[Don't have the ZOOM app. Click Here](#)

or go to the App Store to download the ZOOM app

## Last Week!

We had a presentation from Dr. Brenda Larsen-Mitchell Interim Superintendent of the Clark County School District.



*On April 17th we will meet at:*



4955 S DECATUR BLVD South of Tropicana

We meet on 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays

*Networking 12Noon, Meeting & lunch 12:30 to 1:30PM*

**Lunch Menu**

**\$25 (CASH or CHECK)**

- #1. Farmers Omelet (Bacon, Onions, Tomatoes and Cheddar Cheese)
- #2. Taco Salad (Beef, Chicken or Chili)
- #3. Char-Broiled Chicken Breast Salad
- #4. BLT Sandwich with choice of side
- #5. Grilled Cheese (with ham, turkey, corned beef, or roast beef)
- #6. O'Aces Burger with choice of side
- #7. Hot Turkey open face sandwich with mashed potatoes and Gravy

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Our speaker on April 17 will be

Debra Solt from “*Vegas PBS*” TV, Ch.10

Debra is the Director of Workforce Training and Economic Development.

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**Service Hours:**

Be sure to report your service hours to Lee Ziegler.

You can give them to Lee at our weekly meetings or e-mail to Lee Ziegler. [leeziegler4@gmail.com](mailto:leeziegler4@gmail.com)

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## **MEETING SCHEDULE**

**April 17th:** Program, Debra Solt regarding the many activities of Vegas PBS, TV Ch.10.

**May 1st:** Loren Weinberg, Enforcement Agent, Nevada Gaming Control Board

**May 15th:** Rick Velotta, Las Vegas Review Journal speaking about the casino industry

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**Mark your calendar for our May 1st meeting!**

**Our speaker will be:**

**Loren Weinberg**, Enforcement Agent, Nevada Gaming Control Board.

Loren will be discussing the history of the Nevada Gaming Control Board, and specifically going over the day to day functions of the Enforcement Division. He will also go over some of the various regulatory and criminal investigations carried out on a daily basis throughout the state.



### **We Appreciate You!**

April 1st marks the start of National Volunteer Month. The CNH Children's Fund wants to thank our exceptional volunteers who serve as CNH Children's Fund Ambassadors! Whether they deliver presentations at club meetings and DCMs or help clubs complete award and grant applications, we are truly grateful for this dedicated group of volunteers who enable us to fulfill our mission of building a better future for our children. Do you want to join this elite group of volunteers? Click here to apply! Volunteer Appreciation month also serves as a reminder to organize your club's volunteer project. Check out these **service project ideas** and remember, the CNH Children's Fund provides **grants** for new service projects!

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## **LEADERS DISCUSS KIWANIS DUES AT CONVENTION**

During the 2024 Kiwanis International Convention, delegates will make important decisions regarding Kiwanis' growing budget deficit. To deal with the rising cost of doing business, the Kiwanis International Board of Trustees is proposing a dues increase.



# KIWANIS INTERNATIONAL *Convention*

**JULY 3-6  
DENVER, CO**

## Package Options

**Full Convention Package  
Thursday, Friday, Saturday, July 4-6**

**\$399**  
Regular Registration  
Jan.- May 31

**\$499**  
Late Registration  
June 1-20

**\$599**  
On-site Registration  
After June 20

**CNH DISTRICT NEEDS YOU THERE TO VOTE ON IMPORTANT  
ISSUES LIKE DUE INCREASES AND BYLAW AMENDMENTS!**

**ANNUAL MEETING ONLY  
SATURDAY, JULY 6TH**

Regular Registration Jan.- May 31 - \$199

Late Registration June 1-20 - \$299

On-site Registration After June 20 - \$399



## CELEBRATE EARTH DAY WITH SERVICE

Earth Day is coming! Each year, people all over the globe observe the day — either on April 22 or on the day of the spring equinox — by celebrating and protecting the planet's ecology. If that sounds like a perfect opportunity for Kiwanis clubs, you're already in the spirit! Need ideas or inspiration? See our blog post on previous Kiwanis club projects that contributed to environmental health and awareness in members' communities.

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## Varsity Quiz on PBS TV-10

Varsity Quiz is broadcast on TV Ch. 10 PBS each week as follows:

Thursdays at 7:30pm (initial airing)

Fridays at 3:00pm (repeat airing)

Following Tuesdays at 4:00am (repeat airing)

*That will be the sequence throughout the season.*

All broadcasts are on 10.1 Vegas PBS.

You can also access the matches on

<https://www.vegaspbs.org/shows/varsity-quiz/>.

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## V. Q. Congratulations

To Clark High School student **Parth Joshi**! On February 23rd Parth was awarded the \$2,000 Howard Naylor scholarship.

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## 55th Season of Varsity Quiz

This is the 55th year of Varsity Quiz, and the in-school competition has finished. Varsity Quiz is a partnership between the Kiwanis Club of Las Vegas, [Clark County School District](#)

[\(CCSD\)](#), and [Vegas PBS](#). Varsity Quiz, a fast-paced series, is an academic quiz show for Las Vegas high schools featuring the best and brightest students from across the city. The competing high school teams field questions based on their knowledge of subjects such as history, literature, math and science. The Kiwanis Club of Las Vegas started this program in 1969. This year during the regular season, 27 high school teams will compete. Scholarship awards are made to the top two teams and the Howard Naylor Outstanding Player. If you are interested in assisting with the Varsity Quiz program or have any questions contact Howard Naylor, 702-363-0192. Please support our young scholars in their pursuit of excellence!

The in school competition is over the top teams competed for division semifinals, final and all-star match. These matches can be seen on KLVX channel 10.

Junior Varsity Quiz (3:00 p.m. to 5:00 p.m.)

The JVQ tournament will be held on March 23, 2024

at Veterans Tribute CTA.

Silver League Semifinal, April 5

Silver League Final, April 12

Blue League Final and All Star, April 19

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***You can click on most pictures in this newsletter for additional information***

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### **Legacy Fellowship**

There are numerous reasons to consider leaving a legacy donation to the Cal-Nev-Ha Children's Fund. Whether you aim to leave a legacy of kindness, honor a loved one, or make a significant contribution, your lasting impact is something to be proud of. Your donation may also motivate others to reflect on their charitable aspirations and encourage them to give back. How would you like to leave your mark? Explore further and consider joining our [Legacy Fellowship](#).

[Join Today!](#)

**Kiwanis Club of Las Vegas will be 100 on Dec 4, 2025**



## RESOURCES TO HELP YOU CELEBRATE

Is your club approaching a noteworthy anniversary? Whether you're celebrating 25, 50, 75 or the big 100 — we know it's an important milestone. We have several [resources to help you commemorate](#) and share your landmark year with the community.

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"I'd like to thank the Kiwanis for this generous [scholarship] because it allows me to pursue my educational goals without the pressure of financial stress."

Suyeon Hwang

**FOUNDER'S DAY**

HELP MAKE DREAMS A REALITY

**CAL-NEV-HA**  
Children's Fund

## Founder's Day

For more than 58 years, the Cal-Nev-Ha Children's Fund has been committed to enriching the lives of young people. Your generous donations enable us to support projects such as our Pediatric Trauma Program and provide scholarships, such as the one awarded to **Suyeon Hwang**. Your ongoing support is appreciated and needed as we continue to build a better future for our children. We encourage Kiwanis clubs to honor Founder's Day by making a contribution that is substantial to your club. **Join our growing list** of participating clubs today!

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Three simple letters make a positive impact.

Just Say **YES!**

2Youth

**CAL-NEV-HA**  
Children's Fund

"Receiving this scholarship has made me feel truly appreciated and recognized for all the work I've put into Key Club. It has also helped me ease the financial burden of college."

- Laney Seligson

**SCAN ME!**

## Say YES2YOUTH and Empower the Leaders of Tomorrow

By supporting YES2YOUTH, you're not only making it possible for students like Laney to achieve their dreams of higher education, you're also enabling our Circle K, Key Club, and KIWIN'S members to become future leaders through leadership development opportunities, while also providing funding to Kiwanis clubs for new projects that make an enormous impact in our shared communities.



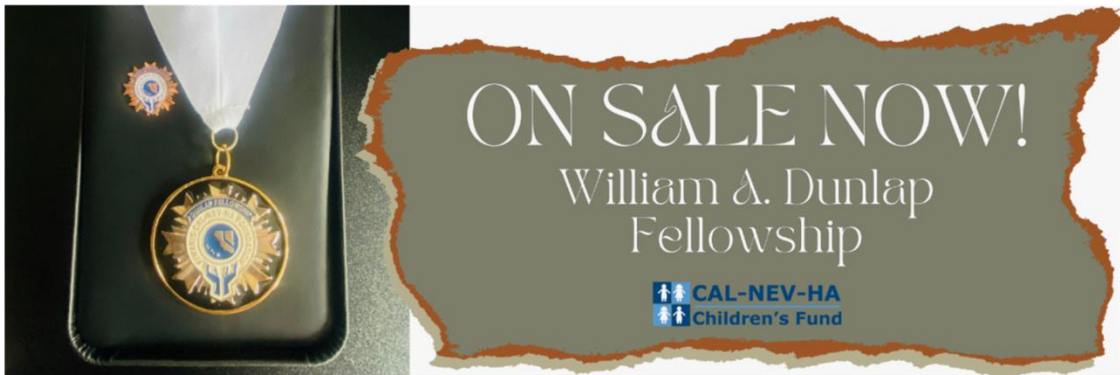
## REGISTRATION IS OPEN!

Come to Denver, Colorado, U.S., for the [2024 Kiwanis International Convention](#). Embark on an extraordinary journey where you will discover ways to expand your club's membership and magnify its influence on your community. Delve into innovative fundraising concepts and learn how to transform service projects in ways you never thought possible—all while enjoying time with fellow Kiwanians and CKI members. Join us July 3-6 for the most exciting and educational Kiwanis event of the year!

### REGISTER EARLY FOR BASEBALL TICKETS!

The first 1,000 people to register for a full convention package ticket to the 2024 Kiwanis International Convention will receive one free ticket to the Colorado Rockies Major League Baseball game at Coors Field. The game against the Milwaukee Brewers will be followed by a Fourth of July fireworks display. Don't miss this opportunity to enjoy a game with Kiwanis friends new and old. (Note: Transportation to and from the stadium will not be provided.)

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## Dunlaps Are on Sale

Thanks to the dedication and support of our Service Leadership Program (SLP) members, you can now order a William A. Dunlap Fellowship award, or an upgrade, for just \$750. The remaining \$250 will be "matched" by funds raised by our SLP members. Order your Dunlap today for presentation at the Governor's Official Visit!

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**Project 150 is in need of boys/men's blue jeans.** Also winter coats , jackets and vests of all sizes. For more information contact Violet Marchese, at [buckeyepenguin1438@yahoo.com](mailto:buckeyepenguin1438@yahoo.com).

Because High School Is Tough Enough... without having to worry about where you are going to sleep at night, where your next meal is coming from, and how you will pay for clothing, hygiene items, and school supplies. Project 150 was created out of our community's desire to help high school students stay in school and thrive.

Project 150's mission is to provide free support and services to homeless, displaced, and disadvantaged high school students so they can remain in school, graduate, and build bright futures.





## Tablet of Honor

The Tablet of Honor is a prestigious award presented by the Cal-Nev-Ha Children's Fund to those who have shown outstanding service to Kiwanis, their club, or their community. This award cannot be ordered for oneself, but with a \$500 donation, you can pay tribute to the deserving individual, Kiwanis club, division, or organization

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## First Family Focus

The National Institute of Mental Health reports that in 2021, around 20.1% of adolescents aged 12-17 suffered from at least one major depressive episode. That's a significant increase from 12.8% in 2019. Join Governor Carole and her First Family Focus "Just Be You" campaign to help the young people in your community attain the mental health services they deserve. Click on the links below to get started.



[Donation Form Here](#)

[Grant Application Here](#)

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## Donate to the Kiwanis Club of Las Vegas Foundation

A 501(c)(3) charitable organization

**Help us fund our programs with your tax-deductible donation  
to the Kiwanis Club of Las Vegas Foundation**

It's easy just log into the Kiwanis web site at <http://www.kiwaniscluboflasvegas.org/>

and click on the **“Donate”** button.

**Thank you for your contributions**

[\*\*Donate\*\*](#)

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Save your **POP-TABS** to benefit

**Ronald Mc Donald House**

Contact Len Yelinek to donate or for information

## **Collecting Old Eyeglasses:**



Check around your home and ask your neighbors for any old, no longer needed, eye glasses. We are again collecting old eye glasses to donate to the Lions Club. See Len Yelinek with your old glasses.

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## **For club information Log into our Web Site!**

You can make a donation to our club on our web home page.

<http://www.kiwaniscluboflasvegas.org/>

contact: Jerry McElroy or Howard Naylor with questions or additions.

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## **Our Monthly Meetings:**

**Live on 1st & 3rd Wednesdays**

Zoom on 2nd & 4th Wednesdays

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## Stroke has a new indicator

They say if you email this to ten people, you stand a chance of saving one life.

**Blood Clots/Stroke** – They Now Have a Fourth Indicator, the Tongue

**STROKE:** Remember the 1st Three Letters.... S.T. R.

During a BBQ, a woman stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) she said she had just tripped over a brick because of her new shoes. They got her cleaned up and got her a new plate of food. While she appeared a bit shaken up, Jane went about enjoying herself the rest of the evening. Jane's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00 PM Jane passed away) She had suffered a stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Jane would be with us today. Some don't die. They end up in a helpless, hopeless condition instead.

### **STROKE IDENTIFICATION:**

A neurologist says that if he can get to a stroke victim within 3 hours, he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

### **RECOGNIZING A STROKE**

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.

### **Remember the '3' steps, STR.**

Now doctors say a bystander can recognize a stroke by asking three simple questions:  
S \*Ask the individual to SMILE.

T \*Ask the person to TALK and SPEAK A SIMPLE SENTENCE (Coherently)  
(i.e., Chicken Soup)  
R\*Ask him or her to RAISE BOTH ARMS.

If he or she has trouble with ANY ONE of these tasks, call emergency number immediately and describe the symptoms to the dispatcher.

### **New Sign of a Stroke**

Stick out Your Tongue!

NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out his tongue. If the tongue is 'crooked', if it goes to one side or the other that is also an indication of a stroke.



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