

Kiwanis

Club of Las Vegas

Newsletter for the week of, October 8th, 2023

Join us for our next meeting Wednesday October 11th at noon on ZOOM

We meet this week on zoom

Join us this Wednesday at 12 noon for our meeting on Zoom. It's easy, you can connect to our meeting from a computer, phone, or tablet using the Zoom app. Use this meeting id and password

meeting id (884 4645 8552) password (339008)

If you have problems connecting to our meeting call or text President Phil Colosimo at 702-860-6088.

<u>Don't have the ZOOM</u> app. **Click Here** or go to the App Store to download the ZOOM app

SAVE THE DATE!

- 1) Christmas Shoebox project: at our October 18th lunch meeting to get the list of items needed to fill our goal of 40 Christmas Shoeboxes.
- **2) Christmas Shoebox (box packing)** at our **November 15th lunch meeting** We'll be packing 40 Christmas Shoeboxes.
- 3) Kiwanis/Rotary Thanksgiving Food Drive Nov. 22nd get ready to get donations for the Salvation Army.

(see more information below in this newsletter)

Last week we had a presentation from Stacy Chapter about "Project 150"



Project 150's mission is to offer free support and services to homeless, displaced, and disadvantaged high school students in the Southern Nevada area so they can remain in school and graduate.

All members, check your home mail for the Kiwanis leadership magazine (information below in this newsletter)



MESSAGE FROM THE PRESIDENT

We think about the future as we begin executing our plans for the 2023-24 Kiwanis year. It reminds me of the first day of school each year when I was a teacher. I would always be so excited planning for that new year, knowing that I would come in energized, with fresh ideas to inspire kids to do their best and most creative work. Kiwanians, you have that same opportunity now — to bring your ideas and energy as we kick off the new Kiwanis year.

I am excited to embark on this journey alongside you. Our organization is made up of some of the most dedicated and selfless people I know. The challenges along the way should be embraced as opportunities. We will learn, grow, improve and adjust in ways that leave us stronger than before.

Together our efforts will result in great accomplishments. As the old adage goes: Teamwork makes the dream work. Kiwanians' teamwork makes dreams happen for thousands of children. So get busy, dream makers — let your light shine in your communities and in children's lives.

Katrína J. Baranko 2023-24 Kíwanís International President



MEET NEW KIWANIS LEADERS

As the Kiwanis year begins, members are stepping into leadership roles throughout the Kiwanis family. Kiwanis International recently took the opportunity to ask two of them — 2023-24 Kiwanis Children's Fund President Amy Zimmerman (pictured, above left) and Karin Church (above right), chair of the 2023-24 Kiwanis International Youth Programs Committee — about their personal journeys, their insights into leadership and more.

READ MORE

Centennial Hills Kiwanis October 14th Bowl-A-Thon

This year the Centennial Hills Kiwanis fundraiser will be a bowl-a-thon.

The registration link for the Oct 14th bowl-a-thon is:

https://apcalv.org/upcoming-events.html

Please share this with anyone that might want to come bowl. Donations are welcome if someone wants to donate to support the cause but does not want to bowl...There are also opportunities for sponsorship. Please let me

know if you have any items you would like to donate to our raffle or offer up for a silent auction.

For information contact:
Donna Moretti
Kiwanis Club of Centennial Hills,President
702-416-4605
kiwanisclubofcentennialhills@gmail.com
www.kiwanisclubofcentennialhills.com
donna.moretti@cbvegas.com

You also may want to consider using this event for your interclub this month!

WREATHS across AMERICA

Again, this year its time for the "Wreaths across America" program. Every sponsorship is a meaningful gift from an appreciative supporter who knows what it means to serve and sacrifice for the freedoms we all enjoy.

For information CLICK BUTTON BELOW or contact Marcia C. Tinberg, at 702-524-5014 or Marciatinberg0294@gmail.

WREATHS acros AMERICA



Read inspiring stories of service and see what's happening in the District as we say thank you to the SMILE team and welcome the SERVICE IS SWEET team. Check out the 2022-2023 Fall Issue of our digital Cal-Nev-Ha Magazine.

https://issuu.com/cnhkiwanis/docs/cnh 22-23 magazine fall issue (or download as a pdf)



START THE YEAR WITH TWO FOR TWO

With the Kiwanis year getting started, October is an especially good time to focus on membership growth. And our Two For Two program is proving to be an especially effective tool. Two For Two makes membership growth manageable for the club and fun for members. If your club hasn't yet used Two For Two, check it out — and let your club leaders know you're interested!

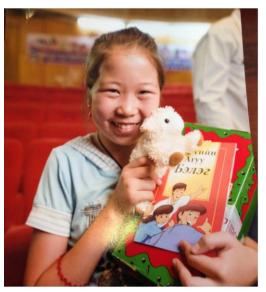
Christmas Shoebox Project

NOTE: Correct date for packing is Wednesday November 15th

Join us at our October 18th lunch meeting to learn about the *Christmas Shoebox Project* and get the list of items we will need to donate to fill our goal of 40 Christmas shoeboxes. In addition to the items to fill 40 shoeboxes.

Also, **Please attend our November 15th** lunch meeting for the packing of the Christmas Shoeboxes. We are also asking for donations to the foundation to help cover the \$400 postage cost.

Operation Christmas Child Holiday Christmas Shoebox Project



Since 1993 Operation Christmas Child, a project of Samaritans Purse has sent over 103 million shoeboxes filled with gifts to children in need around the world. Each box is filled with school supplies, toys, hygiene items (no liquids please) that will bring smiles to the faces of children who live in poverty, orphanages, and or storm ravaged countries.

Our Goal this year is to fill 40 shoeboxes.

Thank You for your participation!

Kiwanis/Rotary Thanksgiving Food Drive Coming November 22nd



For the 69th consecutive year (since 1954) the Kiwanis Clubs of Division 28 will meet for lunch with the Rotary Club of Las Vegas on the day before Thanksgiving **to raise funds for The Salvation Army**'s effort to feed those in need during the Holidays.

TIMES: Arrival time: 11:30 A.M. Meeting time: 12:15 P.M.

LOCATION: Lawry's Prime Rib

4043 Howard Hughes Parkway @East Flamingo

COST: \$35.00in cash or by check payable to:

Kiwanis Club of Las Vegas

DONATIONS: Donation checks should be made payable to The Salvation Army

Cash is also acceptable.

RESERVATIONS or QUESTIONS: Contact Howard Naylor, at 702-363-0192 or

702-277-0435. Email NAYLORHW@cox.net

Upon arrival check in with the Kiwanis Representative. There will be a choice of meals. Our club will be billed for the total number of RSVP's submitted, regardless of no- shows. Therefore, if you must, cancel before the 16th, as we must bill no-shows to cover our cost.

Help Support Division 28 Kiwanis

Kiwanis Division 28 is now planning for a 2023-2024 Division28 directory of clubs and members. You can help support the Division by purchasing an ad for your business or yourself in this directory. Ad cost start at \$25 for a business card size ad.

For more information contact Lynda Spann at lrspann51@gmail.com

Service Hours:

Be sure to report your service hours for September to Lee Ziegler. You can give them to Lee at out weekly meetings or e-mail to Lee Ziegler. leeziegler4@gmail.com

55th Season of Varsity Quiz

This is the 55th year of Varsity Quiz, a partnership between the Kiwanis Club of Las Vegas, Clark County School District (CCSD), and Vegas PBS. Varsity Quiz, a fast-paced series, is an academic quiz show for Las Vegas high schools featuring the best and brightest students from across the city. The competing high school teams field questions based on their knowledge of subjects such as history, literature, math and science. The Kiwanis Club of Las Vegas started this program in 1969. This year during the regular season, 27 high school teams will compete. Scholarship awards are made to the top two teams and the Howard Naylor Outstanding Player. If you are interested in being a Varsity Quiz judge contact Howard Naylor, 702-363-0192. Please support our young scholars in their pursuit of excellence!



Important dates

October 14th: Boys and Girls Club "Kids Day Out" 10:15am to 2:00pm October 18th: Information presentation, 2023 Operation Christmas Child November 1st: Weekly meeting at O'Aces Program, Junior Achievement November 15th: Shoebox packing, 2023 Operation Christmas Child Project November 22nd: Kiwanis Rotary Thanksgiving Food Drive at Lawry's December 20th: Weekly meeting at O'Aces program, Kelvin Watson,

Executive Director of the Las Vegas-Clark County Library District

Donate to the Kiwanis Club of Las Vegas Foundation

A 501(c)(3) charitable organization

Help us fund our programs with your tax-deductible donation to the Kiwanis Club of Las Vegas Foundation

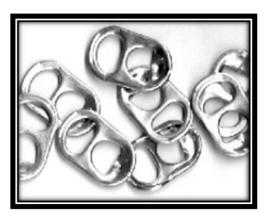
It's easy just log into the Kiwanis web site at

http://www.kiwaniscluboflasvegas.org/

and click on the "Donate" button.

Thank you for your contributions

Donate



Save your **POP-TABS** to benefit

Ronald Mc Donald House

Contact Len Yelinek to donate or for information

Collecting Old Eyeglasses:



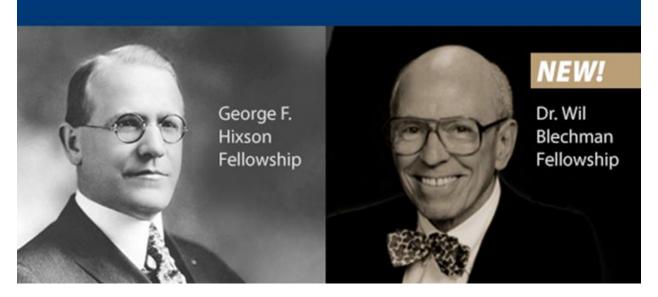
Check around your home and ask your neighbors for any old, no longer needed, eye glasses. We are again collecting old eye glasses to donate to the Lions Club. See Len Yelinek with your old glasses.



LEADERSHIP ISSUE COMING

Kiwanis International is continuing a tradition established in Kiwanis magazine by producing an issue about the organization's leaders — and your own leadership potential — as the new service year begins. Watch your mailbox in October. You'll receive a leadership issue that features a profile of 2023-24 Kiwanis International President Katrina Baranko, information about the Kiwanis family boards of trustees and more — including tips about leadership for all members.

HONOR INDIVIDUALS FOR THEIR SERVICE



For club information Log into our Web Site!

You can make a donation to our club on our web home page. http://www.kiwaniscluboflasvegas.org/

contact: Jerry McElroy or Howard Naylor with questions or additions.

Our Monthly Meetings:

Live on 1st & 3rd Wednesdays Zoom on 2nd & 4th Wednesdays

Stroke has a new indicator

They say if you email this to ten people, you stand a chance of saving one life.

Blood Clots/Stroke – They Now Have a Fourth Indicator, the Tongue **STROKE**: Remember the 1st Three Letters.... S.T. R.

During a BBQ, a woman stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) she said she had just tripped over a brick because of her new shoes. They got her cleaned up and got her a new plate of food. While she appeared a bit shaken up, Jane went about enjoying herself the rest of the evening. Jane's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00 PM Jane passed away) She had suffered a stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Jane would be with us today. Some don't die. They end up in a helpless, hopeless condition instead.

STROKE IDENTIFICATION:

A neurologist says that if he can get to a stroke victim within 3 hours, he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

RECOGNIZING A STROKE

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.

Remember the '3' steps, STR.

Now doctors say a bystander can recognize a stroke by asking three simple questions:

S *Ask the individual to SMILE.

T *Ask the person to TALK and SPEAK A SIMPLE SENTENCE (Coherently) (i.e., Chicken Soup)

R*Ask him or her to RAISE BOTH ARMS.

If he or she has trouble with ANY ONE of these tasks, call emergency number immediately and describe the symptoms to the dispatcher.

New Sign of a Stroke

Stick out Your Tongue!

NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out his tongue. If the tongue is 'crooked', if it goes to one side or the other that is also an indication of a stroke.







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