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# Kiwanis

Club of Las Vegas



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***Newsletter for the week of:  
December 31, 2023***

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***Join us for our Jan. 3rd, meeting at O'Aces  
Our Speaker, Claire Romzek from LIED-stem Academy***

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***Lunch, Wednesday January 3rd. at O'ACES***



**4955 S DECATUR BLVD South of Tropicana**

**We meet on 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays**

***Networking 12Noon, Meeting & lunch 12:30 to 1:30PM***

***Lunch Menu***

***\$25 (CASH or CHECK)***

- #1. Farmers Omelet (Bacon, Onions, Tomatoes and Cheddar Cheese)
- #2. Taco Salad (Beef, Chicken or Chili)
- #3. Char-Broiled Chicken Breast Salad
- #4. BLT Sandwich with choice of side
- #5. Grilled Cheese (with ham, turkey, corned beef, or roast beef)
- #6. O'Aces Burger with choice of side
- #7. Hot Turkey open face sandwich with mashed potatoes and Gravy

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**OUR SPEAKER JAN. 3<sup>RD</sup> WILL BE CLAIRE ROMZEK,  
from LIED STEM ACADEMY**



Claire Romzek is the Magnet Coordinator for Lied STEM Academy a non-traditional high School. Lied STEM Academy students will acquire the knowledge and skills to actively participate and contribute in a global society.

Lied STEM Academy, Middle School, inspires students to be innovative thinkers by applying their knowledge to solve real world problems.

Lied STEM Academy takes a whole new approach in educating our future! The implementation of STEM Tank allows our students to collaborate, design, create, and present a solution to a given problem statement. STEM Tank is the semester culminating projects that replaces traditional semester exams. Lied STEM Academy is unlike any other middle school in all of southern Nevada and has taken the lead in education.

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### ***Lunch Meeting Programs***

**January 3rd 2024:** Program, Claire Romzek the Magnet Coordinator for Lied STEM Academy.

**January 10th 2024:** Program, via zoom, Mr Nan Su from Epoch times speaking about China.

**January 17th 2024:** Program, Arleen Sirois, a private investigator and a former federal investigator.

**February 7:** Program Major Harold Laubach Jr from the Salvation Army.

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Coming Wednesday January 10, at noon on ZOOM  
Mr Nan Su, Epoch Times' Senior Correspondent

### About Mr Nan Su



Mr. Su has been a China expert, and news commentator for over 20 years serving NTD TV network and SOH radio network. His presentations in the past have covered a wide range of topics related to traditional Chinese culture, China's human rights, forced organ harvesting, economy and politics in China, Sino-US relation, COVID, and so on. He has given over 300 presentations to various groups in Northern California.

Nan Su currently is a senior investigative reporter at the Epoch Times, a newspaper published in 36 countries and in 21 languages.

Titled "China's Global Expansion, past and future", his most recent presentation covers the motives and strategy of China's recent escalating efforts on its global expansion, and answers questions such as "What does China's global expansion mean to Americans"?



**Project 150 is in need of boys/men's blue jeans.** Also winter coats , jackets and vests of all sizes. For more information contact Violet Marchese, at [buckeyepenguin1438@yahoo.com](mailto:buckeyepenguin1438@yahoo.com).

Because High School Is Tough Enough... without having to worry about where you are going to sleep at night, where your next meal is coming from,

and how you will pay for clothing, hygiene items, and school supplies. Project 150 was created out of our community's desire to help high school students stay in school and thrive.

Project 150's mission is to provide free support and services to homeless, displaced, and disadvantaged high school students so they can remain in school, graduate, and build bright futures.

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### **Service Hours:**

Be sure to report your December service hours to Lee Ziegler. You can give them to Lee at our weekly meetings or e-mail to Lee Ziegler. [leeziegler4@gmail.com](mailto:leeziegler4@gmail.com)

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**Mid-Year Education Conference South  
March 23, 2024  
Riverside Convention Center  
3637 5th St, Riverside, CA 92501**

**Marriott Riverside at the Convention Center  
3400 Market St, Riverside, CA 92501**

More information to come!



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**Cal-Nev-Ha Mid-Year North Education Conference in  
Visalia, February 3, 2024 for learning, networking, and  
celebration.**

*click on graphic below for more information*



The conference starts off right with the annual Rose Float Breakfast at 7:00 a.m. The General Session will begin at 8:00 a.m. where you'll be treated to presentations designed to enrich your Kiwanis experience and provide you with helpful information.

Take some time to stroll through the exhibits and learn more about our sponsors, vendors, committees, and clubs who have valuable information to share.

During the morning and afternoon sessions, you'll have the opportunity to attend seminar presentations that are packed with information, inspiration, and leadership education. Be sure to check out the seminar grid that will be posted on the Cal-Nev-Ha website soon for more information!

The Inter-club Luncheon features an inspirational keynote speaker from Valley Children's Hospital. The Inter-club Luncheon will start at 12:00 p.m. Finally join us for a TIKI-RIFFIC time at the Service of Ohana Dinner & Auction benefiting the Cal-Nev-Ha Children's Fund! Wear your favorite aloha shirt!

**Registration by January 5th is \$65.**  
**After January 5th \$70 per member.**  
or  
**Total Event Pass Rate \$230**

The Total Event Pass includes: Registration, Rose Float Breakfast, Inter-club Luncheon and the Ohana Dinner and Auction.

Hotel Reservations

Wyndham Hotel  
9000W. Airport Dr.  
Visalia, CA 93277

To make your hotel reservations call (559) 651-5000. Make sure to mention Cal-Nev-Ha District Mid-Year North to receive the special conference rate starting at \$109 per night plus tax. Deadline date of conference rate housing is January 17, 2024, subject to availability.



## Tablet of Honor

The Tablet of Honor is a prestigious award presented by the Cal-Nev-Ha Children's Fund to those who have shown outstanding service to Kiwanis, their club, or their community. This award cannot be ordered for oneself, but with a \$500 donation, you can pay tribute to the deserving individual, Kiwanis club, division, or organization

## 55th Season of Varsity Quiz

This is the 55th year of Varsity Quiz, and the in-school competition has finished. Varsity Quiz is a partnership between the Kiwanis Club of Las Vegas, Clark County School District (CCSD), and Vegas PBS. Varsity Quiz, a fast-paced series, is an academic quiz show for Las Vegas high schools featuring the best and brightest students from across the city. The competing high school teams field questions based on their knowledge of subjects such as history, literature, math and science. The Kiwanis Club of

Las Vegas started this program in 1969. This year during the regular season, 27 high school teams will compete. Scholarship awards are made to the top two teams and the Howard Naylor Outstanding Player. If you are interested in assisting with the Varsity Quiz program or have any questions contact Howard Naylor, 702-363-0192. Please support our young scholars in their pursuit of excellence!

**PLAYOFF SCHEDULE:**

Now that the in school competition is over the top teams will be competing for the winning division semifinals, final and all-star match.

These matches will be taped at KLVX channel 10.

Varsity Quiz (3:00 p.m. to 5:00 p.m.)

Blue League

Blue League Semifinal, January 5

Blue League Final and All Star, January 19

Silver League

Silver League Quarterfinal 1 and 2, January 26

Silver League Quarterfinal 3 and 4, February 2

Silver League Semifinal, February 9

Silver League Final and All Star, February 23

Junior Varsity Quiz (3:00 p.m. to 5:00 p.m.)

The JVQ tournament will be held on March 23, 2024  
at Veterans Tribute CTA.

Silver League Semifinal, April 5

Silver League Final, April 12

Blue League Final and All Star, April 19

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## First Family Focus

The National Institute of Mental Health reports that in 2021, around 20.1% of adolescents aged 12-17 suffered from at least one major depressive episode. That's a significant increase from 12.8% in 2019. Join Governor Carole and her First Family Focus "Just Be You" campaign to help the young people in your community attain the mental health services they deserve. Click on the links below to get started.

[Donation Form Here](#)

[Grant Application Here](#)

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It's Scholarship Season!



**Key Club advisors,** Our scholarship applications are officially open! If you are a Kiwanis advisor to a Circle K, Key Club, or KIWIN'S club, please help spread the word to ensure these students know about this opportunity to score FREE MONEY towards their undergraduate college degree. Applications are due Friday, February 16, 2024. Remember, the early bird gets the worm!

## Donate to the Kiwanis Club of Las Vegas Foundation

A 501(c)(3) charitable organization

**Help us fund our programs with your tax-deductible donation to the Kiwanis Club of Las Vegas Foundation**

**It's easy just log into the Kiwanis web site at <http://www.kiwaniscluboflasvegas.org/> and click on the "Donate" button.**

**Thank you for your contributions**

**Donate**

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Save your **POP-TABS** to benefit  
**Ronald Mc Donald House**

Contact Len Yelinek to donate  
or for information

### **Collecting Old Eyeglasses:**



Check around your home and ask your neighbors for any old, no longer needed, eye glasses. We are again collecting old eye glasses to donate to the Lions Club. See Len Yelinek with your old glasses.

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# HONOR INDIVIDUALS FOR THEIR SERVICE



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## **For club information Log into our Web Site!**

You can make a donation to our club on our web home page.  
<http://www.kiwaniscluboflasvegas.org/>

contact: Jerry McElroy or Howard Naylor with questions or additions.

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## **Our Monthly Meetings:**

Live on 1st & 3rd Wednesdays  
Zoom on 2nd & 4th Wednesdays

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## **Stroke has a new indicator**

They say if you email this to ten people, you stand a chance of saving one life.

**Blood Clots/Stroke** – They Now Have a Fourth Indicator, the Tongue  
**STROKE:** Remember the 1st Three Letters.... S.T. R.

During a BBQ, a woman stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) she said she had just tripped over a brick because of her new shoes. They got her cleaned up and got her a new plate of food. While she appeared a bit shaken up, Jane went about enjoying herself the rest of the evening. Jane's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00 PM Jane passed away) She had suffered a stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Jane would be with us today. Some don't die. They end up in a helpless, hopeless condition instead.

### **STROKE IDENTIFICATION:**

A neurologist says that if he can get to a stroke victim within 3 hours, he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

### **RECOGNIZING A STROKE**

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.

### **Remember the '3' steps, STR.**

Now doctors say a bystander can recognize a stroke by asking three simple questions:

S \*Ask the individual to SMILE.

T \*Ask the person to TALK and SPEAK A SIMPLE SENTENCE (Coherently) (i.e., Chicken Soup)

R\*Ask him or her to RAISE BOTH ARMS.

If he or she has trouble with ANY ONE of these tasks, call emergency number immediately and describe the symptoms to the dispatcher.

### **New Sign of a Stroke**

Stick out Your Tongue!

NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out his tongue. If the tongue is 'crooked', if it goes to one side or the other that is also an indication of a stroke.



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